WHITE DRAGON MARTIAL ARTS

Presidential Sports Award
Personal Fitness Log

If you need additional fitness logs, please feel free to make copies or to attach separate sheets of paper.

Date	Performance Entry (Time, Distance, Games, Etc.)	Date	Performance Entry (Time, Distance, Games, Etc.)	Date	Performance Entry (Time, Distance, Games, Etc.)

I hereby affirm that I have fulfilled all the requirements for the Presidential Sports Award:

Parent Signature _____ **Please enclose $5.00 per award**

Student Signature_____